

# Kohl's Cares About Your Family's Nutrition!



- Would you like to learn how you and your children can eat well?
- Are you trying to get the kids to cut back on sugary beverages?
- Are you trying to cook healthy meals on a budget with not much time to cook?
- Do your kids need to lose weight, but you don't want them on a strict diet?



If these or other nutrition questions are on your mind, a Nutritionist can meet with you and your child for one-on-one healthy eating sessions for FREE.

Meetings will be held at the Hurley Diabetes Center in Flint. However, appointments can also be scheduled in offsite locations like schools, your child's after school program, or community buildings. After work and Saturday appointments are also available.



Program Cost:  
**FREE**

Ready to get started? Call 810.262.2301 to make an appointment with:  
Susanne Gunsorek, R.D., Nutritionist

**KOHL'S**cares



**HURLEY**  
**CHILDREN'S**  
**HOSPITAL**